



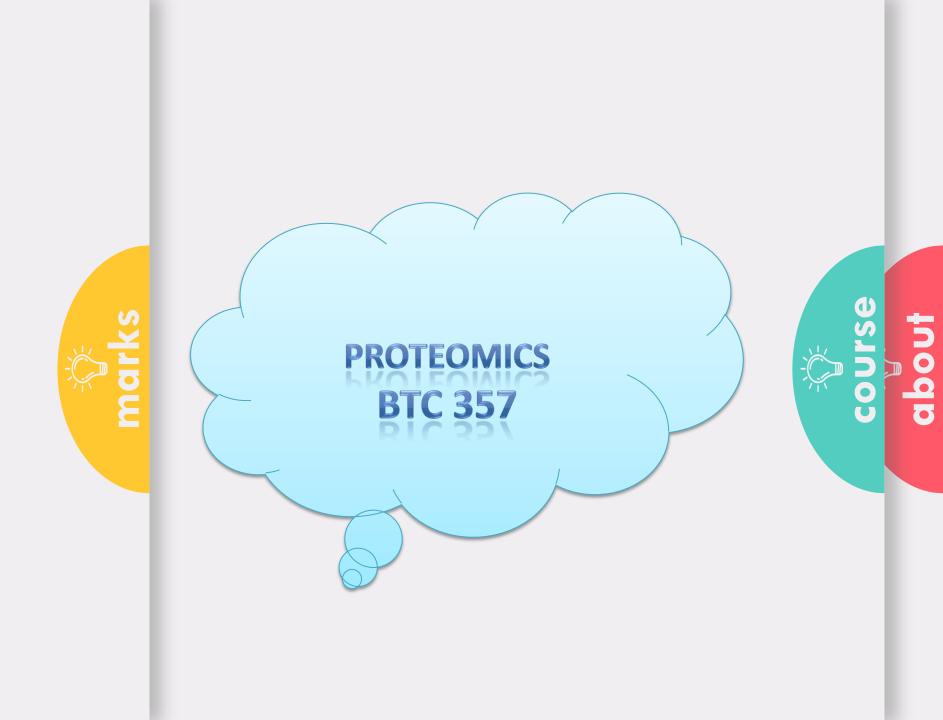
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course about

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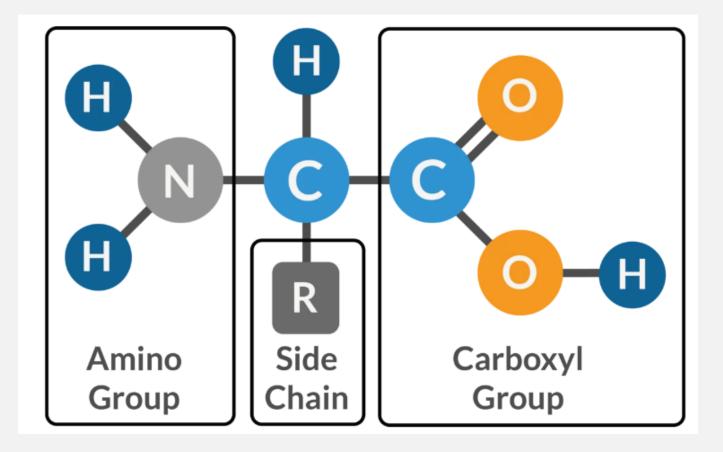
Amino Acids

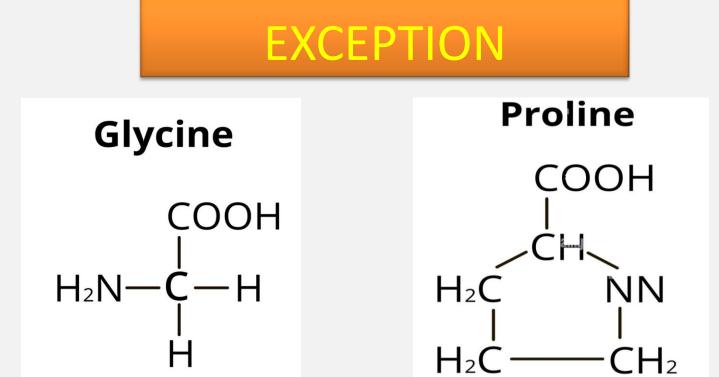
Amino acid is the monomer of protein and serves as a component of body tissues, enzymes, some hormones, etc., and is also an essential substance as a nutrient and as a source of energy. The nutritional value of protein is mainly determined by the types and amount of constituent amino acids.

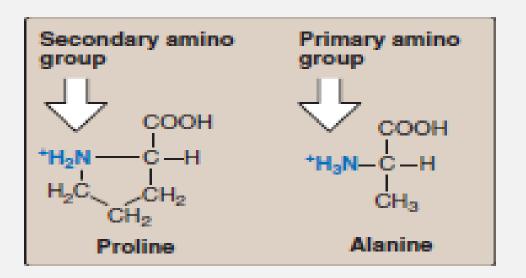
Table 1: The 20 Common Amino Acids

| Amino Acids | Three-letter abbreviations | One-letter symbol |
|------------------|----------------------------|-------------------|
| 1. Glycine | Gly | G |
| 2. Alanine | Ala | А |
| 3. Proline | Pro | Р |
| 4. Valine | Val | V |
| 5. Leucine | Leu | L |
| 6. Isoleucine | Ile | I |
| 7. Methionine | Met | М |
| 8. Phenylalanine | Phe | F |
| 9. Tyrosine | Tyr | Y |
| 10. Tryptophan | Ттр | W |
| 11. Serine | Ser | S |
| 12. Threonine | Thr | Т |
| 13. Cysteine | Cys | С |
| 14. Asparagine | Asn | N |
| 15. Glutamine | Gln | Q |
| 16. Lysine | Lys | K |
| 17. Arginine | Arg | R |
| 18. Histidine | His | Н |
| 19. Aspartate | Asp | D |
| 20. Glutamate | Glu | E |

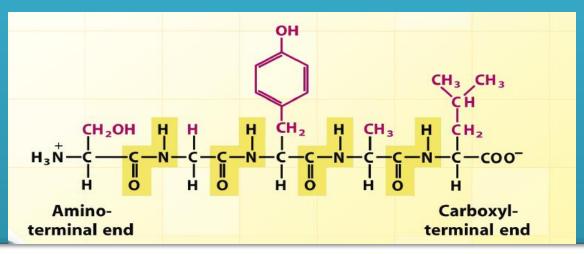
Structure of the amino acids





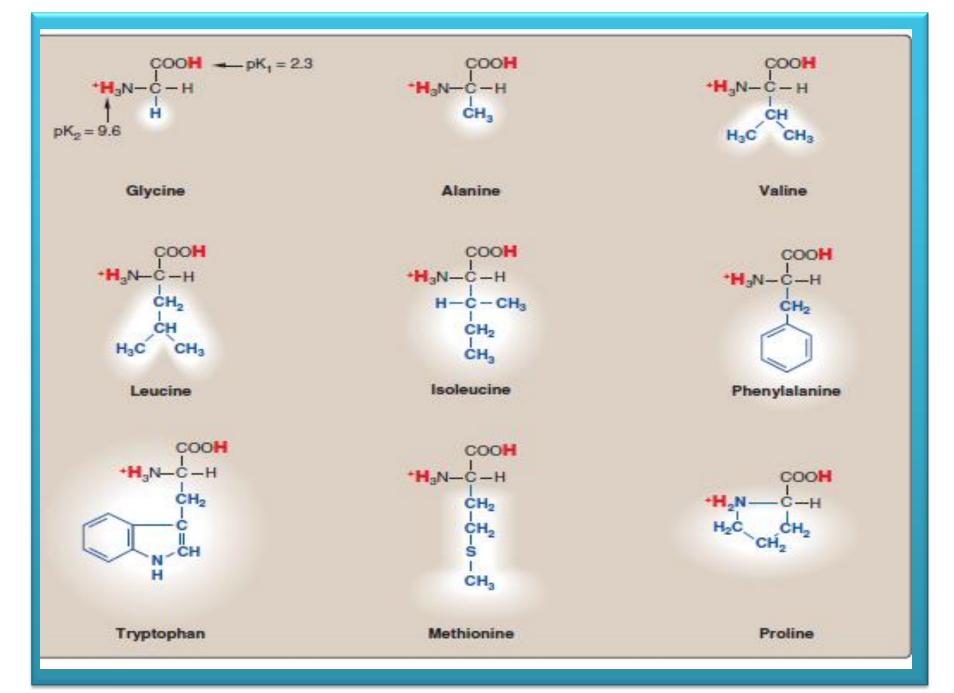


 \succ At physiologic pH (approximately pH 7.4), the carboxyl group is dissociated, forming the negatively charged carboxylate ion (-COO⁻), and the amino group is protonated (–NH3⁺). \succ In proteins, almost all of these carboxyl and amino groups are combined through peptide linkage and, in general, are not available for chemical reaction except for hydrogen bond formation.



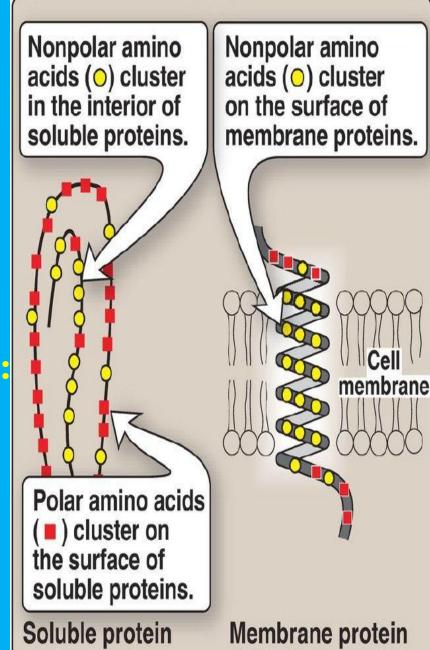
Chemical classification of amino acids

1. Amino acids with nonpolar side chains: Each of these amino acids has a nonpolar side chain that does not gain or lose protons or participate in hydrogen or ionic bonds. The side chains of these amino acids can be thought of as "oily" or lipid-like, a property that promotes hydrophobic interactions.

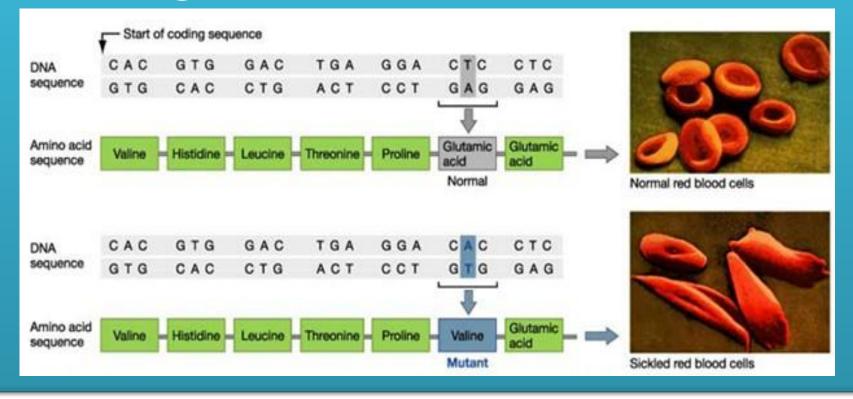


In aqueous environment: the side chains of the nonpolar amino acids tend to cluster together in the interior of the protein.

>In a hydrophobic environment: the nonpolar amino acid are found on the outside surface of the protein, interacting with the lipid environment.



Sickle cell anemia: a sickling disease of red blood cells, results from the substitution of polar glutamate by nonpolar valine at the sixth position in the β subunit of hemoglobin.









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